

BRIDGE TO FREEDOM JOURNAL, 5

TABLE OF CONTENTS

Providing A Spiritual Home For Children	1
Service Is The Law Of Life (Ii)	5
The Temple Of Mercy And Compassion	9
Amplify Some Gifts Of God's Nature	12
Give Me The Petitions Of Your Heart	13
The Causal Body	17
Liberty—A Most Glorious Gift.....	19
The Temple Of Peace	24
The Catastrophe of Mu.....	25
Peace—A Prerequisite To Precipitation.....	28
How To Attain Lasting God-Peace	30
Beware Of Dissenting Activities	31
Wolves In Sheep's Clothing.....	33
Etheric Temple Of Purification.....	34
The Ascended Host Of Light Are On The March.....	35
How Causes Are Developed	41
What Is The Bridge To Freedom Activity?	46
Know The Truth.....	46
The Supreme Importance Of The Hour.....	47
The Requirement Of The Hour	48
Universal Brotherhood.....	49
The Masters Speak On Shamballa	52
Taking Care Of Your Four Lower Bodies	54
Old Age and Disintegration	56
Growing More Beautiful as You Grow Older	56
Prolonging the Usefulness of Your Bodies	57
How to Draw Light to Your Bodies.....	58
Need For Purity And Strength Of Light.....	60
The Power Of Radiation.....	62
The Association Of Master And Chela	63
What Is Your Harvest?	64
Order Of Friends Of Mercy (F.O.M.).....	66
A Special Grant To The “Bridge”	67
The Christ In Yourself	68
Using The Powers Of Your Causal Body Now	72
The Purpose Of The Teton Conclave	75
Charity Begins At Home.....	77
Keeping Healthy And Youthful.....	82
The “Hem of Your Garment” Explained.....	83
Bringing Music Into Your Activities	83
Healing Yourself and Others	84
Using the Violet Fire Through Every Prison	84
No Interference with Human Life Permissible.....	85
Distinguishing The True Teacher	86
Self-Mastery	88
How You Can Help The Angelic Host	91
How You Can Change Your Life Experience	93
El Morya And The Bridge Activity	97
How Petitions Are Approved	101
How Lord Chamuel Can Help You.....	104

On Precipitation	109
Candidates For The Ascension	111
Preparation For The Seventh Root Race	117
A New Planet	119
Listening Grace	121
How To Let The Presence Act	126
How The Ascended Masters Create	129
Removing Destress	133
The Power Of Resurrection	136
Temples Of The Past And The Present	138
The Interconnection Of Life	140
Learning To Persevere.....	142
On Ascension Day (Beloved Jesus)	145
The Wesak Festival	147
Consecration Of Souls	149
A Decree For Finances.....	154
Selected Thoughts From Beloved Lanto	155
Whitsuntide	156
Being A Precipitating Presence	163
Order Of Service For Violet Fire Classes	164
Momentums Of Energy.....	169
The Four Lower Bodies.....	172
Handling Negative Thoughts And Feelings	174
The Realm Of The Ascended Masters	175
Serving With Kwan Yin	179
Suggested Decree for the Body Elemental	180
The Body Elemental	180
Order Of The Friends Of Mercy (F.O.M.)	181
The Purpose Of Your Decrees	183
The Importance Of Your Attention	184
Rising Out Of The Tomb Of Selfishness	186
The Violet Flame Is Your Freedom	189
Loving Someone You Dislike	194
Lasting Peace	199
Archangel Michael.....	200
Inner And Externalized Consciousness.....	204
The Task Of The Externalized Consciousness	206
How To Disconnect Your Inner Bodies.....	208
Decrees For The Four Elements	212
The Essence Of Love.....	215
A New Star	216
Courtesy A Part Of Heaven's Law	218
Projection Of Consciousness	221
A Visit To Shamballa	227
Thanksgiving	232
The Disciplines At Luxor	234
Give Thanks To Immaculata	242
Water Contains The Elixir Of Life.....	250
Elementals As Servants	253
What We Have To Do In The Next 2,000 Years.....	258
The Ray Of Wisdom	263
On Manus, Root Races	264
Transference Of Records To Titicaca	264

When You Require Love	269
How The Master Prepares You To Work	272
How To Center Your Consciousness	278
Develop Self-Luminosity	281
The Efficacy Of Your Decrees.....	285
Say To The Flood, “Stop!” And It Will.....	285
The Key To Control Your Surroundings.....	288
How I Stilled The Waters.....	289
The Resuscitation Of Lazarus.....	290
You Can Resurrect The Good In You!	293
Awaken To The Message Of Easter	294
Mirroring Inharmonious Surroundings.....	295
Allowing Your Christ Self To Act.....	295
Love Is The Greatest Power In The Universe	296
Why Was Lazarus Resurrected?	296
How To Rend The Veil Of Maya	297
Blasting Caused The Sinking Of Lemuria.....	302
The First Golden Ages	304
The Laggards.....	304
The Priesthood Of Lemuria	305
The Veil Of Maya	305
Why It Is Wrong To Blast	306
The Two Factions Of The Priesthood	307
It Is Easy To Rise Into The “Upper Chamber”	308
Calling Forth The Immaculate Concept In Others	312
Use The Gifts Of The Violet Fire	316
Be A Greater Expression Of Divinity.....	317
The Temple Of The Sacred Heart Activity	326
Make The Outer Mind The Mirror Of The Divine Mind	327
Spiritual Foci And Their Location	330
Address By The Planetary Silent Watcher.....	331
You Are Again Called To Seek The Holy Grail Of Uplifted Consciousness.....	338
How To Conduct And Attend A Class	340
Divine Love, The Cement Of The Universe.....	345
The Harmony Of Creation.....	347
Raising The Consciousness	348
On Precipitation	350
First Glimpses Of The Seventh Root Race	350
The Resurrection Flame.....	353
Address By Archangel Michael.....	357
How To Attain True Freedom.....	358
Long Island Is Sacred Ground.....	361
The Master Control Of Harmony.....	362
Thanksgiving	366
Beloved Shamballa.....	367
We Do Require An Army Of Light	368
Preparation Of A World Teacher.....	372
Uninterrupted Harmony.....	374
Address By Saint Germain	375
The Importance Of The Garment Of Light	377
God’s Will And The Divine Plan For You.....	379
Your Responsibility In The Use Of Life.....	380

Love Life Free	381
How You May Become More Beautiful	383
The Necessity Of Harmonious Energy	385
Let The Elohim Help You Build Perfection	388
A Letter To A Student From Beloved El Morya.....	389
The Retreat At Luxor	390
Invoke The Presence Of The Seraphic Host	391
Today You Live Through Many Embodiments.....	395
The “Degree” Of Mastery	395