

The Spiritual Caravan

Newsletter of the Ascended Master Teaching Foundation

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TO THE COSMIC SPIRIT OF CONSTANCY AND THOSE GREAT BEINGS WHOSE CONSTANCY OF PURPOSE, SERVICE AND ENDEAVOR HAVE DRAWN THEM INTO THE ASCENDED MASTER REALM OF PERFECTION:

We send our deep and abiding love to the Spirit of our Sun, whose constant, rhythmic outpouring makes possible the habitation of the Earth at this time! We direct our love and blessings to the Great Archaii, Constance, who, together with the beloved Jophiel, amplifies the virtue of constancy through the nature of mankind, WHEN INVITED SO TO DO.

WE invoke the stimulation of the smoldering spark of constancy that lies hidden within the depths of the Immortal Flame in each human heart! Beloved Constance, Spirit of the Sun! Play your constant light rays upon that spark, until every man becomes CONSTANT in his resolutions to return to God, in his present service to God and his fellowman, in his devotion to the development of his particular capacities and talents, which he may offer on the altar of humanity before returning to his Celestial home to go out no more!

We bless all the men and women who have walked the ways of Earth and, through constancy of purpose, have provided the benefactions which the masses have indifferently accepted but liberally utilized for personal pleasure and comfort!

This month, LET CONSTANCY of endeavor, of purpose, of service, BE MANIFEST among our gentle readers, our co-workers in this activity and all mankind. Thomas Printz, Editor, Journal Book 2, p 380

THE MASTERS OF WISDOM SPEAK CONSTANCY

MAHA CHOHAN

All accomplishment of lasting benefit to the universe is based on the constancy of some self-conscious intelligence in sustaining the idea, form, mould or matrix, until the universal light substance fills it with the proper proportion of itself, according to its size, durability and potential service to life. For every fully-manifested precipitation, due to the constancy of its creator, there are millions of uncompleted forms which dissolve again into the ethers for lack of rhythmic attention THROUGH THE FEELINGS and the thoughts. In the nature kingdom, constancy is developed in the spirits who are to sustain the form of plant, flower, shrub, tree, mountain, lake or sea, before they are given an opportunity to draw these gifts into the world of form. In the angelic kingdom, constancy is developed before any angel is allowed to participate in the carrying of the virtues of the Godhead into the atmosphere of Earth. Mankind comes now to a point in their spiritual development where they must begin to practice constancy of application in order to know freedom.

EL MORYA

The will of God is to externalize all the beauty, opulence and perfection of the kingdom of heaven THROUGH THE INDIVIDUALIZED CONSCIOUSNESS of people of the Earth. The constant, rhythmic descent of ideas, patterns, forms and visions of portions of that perfection are often magnetized by men and women who are interested in the particular field of endeavor which will be benefited by the DEVELOPED AND EXTERNALIZED idea. However, to find the lifestream who is constant enough to hold that idea unwaveringly, before ridicule, scoffing, resistance of every kind, including personal limitations, is rare, indeed. Many are the enthusiasts who BEGIN to externalize an endeavor or vision—few who have the constancy to follow it through to ultimate fulfillment!

KUTHUMI

What exactly is “constancy of endeavor”? It is the capacity to follow through a piece of work from its inception to its completion, the capacity to recognize a vocation in which the lifestream might be of benefit to the

race and then to accept the years of training, discipline, learning and serving to become proficient in that vocation, the capacity to receive a divine inspiration, vision or pattern and to devote RHYTHMICALLY A goodly portion of one's life and substance to clothing that vision with form that is available to one's fellowman (words, example, literature, etc.). Constancy is the capacity to single out one particular service and then refine the mind, purify the feelings and etheric consciousness and discipline the flesh, so that the service receives the BEST of the developed capabilities of the individual consciousness.

PAUL, THE VENETIAN

In the associations among mankind, the friend who is constant in his affections, faith and helpfulness, is to be cherished above all others. The “fair weather” friends are many, the constant friends are few. Our Brotherhood has chosen to be such constant friends to all mankind. It is our purpose for being! No matter what the temporary appearance may be that dims the light of the Inner Presence, WE KNOW that Presence is within each soul and by warming the soul through kindly understanding, compassion and sincere interest, sooner or later the talents and capacities of the lifestream will break through the prison doors of indifference and lethargy, spreading their gifts upon the altar of humanity, for the enrichment of all life. God give me constant friends!

SERAPIS BEY

One of the requisites of an ACCEPTED member of the Brotherhood at Luxor is constancy of purpose. For the many vacillating souls that flit hither and yon, lighting like the butterfly upon the various aspects of truth and then seeking other facets of expression, there are very few who are constant in both purpose and design for living. When an individual applies for acceptance as a student at Luxor, he is subtly tested as to his power of concentration upon ONE aspect of the Law, to see if he is willing to make some virtue of God his own, through perseverance.

It is better to Master one weakness, to become a radiating center of one virtue, to follow one specific line of service through to successful accomplishment, than to have a cursory acquaintance with many aspects and be Master of none. Individuals bore easily—their energies seeking always the outlet into the new and untried. Candidates for the Ascension remain constant to the aspect of truth which their teacher has provided for them, until that aspect becomes a real part of the evolving consciousness. The road up the cosmic hill is traveled by the constant soul—his eyes upon the ascension, but his energies, service and capacities harnessed to the specific service at hand. Discipline of mind, feelings and body are required to become Master. This is the Law!

HILARION

Why is constancy so important to spiritual development? It is because the feeling nature of God, Master, angel, elemental or man, provides the LIFE which fills the form created out of mind substance. Many individuals, who receive an idea from the mind of God, cut out a fairly good form, or pattern, from universal light substance, through the use of the mental body. However, this pattern will not LIVE, unless it is LED by the sustained enthusiasm of the feeling nature, which is the life-giving power of any cause, pattern, vision or design. Grasping the vision of a new world is not enough. That vision is but any empty cup—like the lifeless body from whence the soul has fled—until the feelings release the energy through practical and sensible means, to make that vision fact. Those of us in the God-free estate provide the vision, those of you in the physical world are required, by Cosmic Law, to make that vision LIVE in the world in which you abide. If you are CONSTANT in your decrees, appreciation and practical works, that vision becomes fact. If the vision is merely an amusement of the moment, it finally departs to seek externalization through a more constant lifestream.

JESUS

Constancy does not mean “blind obedience” to outworn formulas of science, religion or education. This is bigotry, intolerance and a block to progress. Again, you have the thin “razor's edge” between a constructive and required quality to manifest mastery and a puny excuse to avoid progress. The CONSTANT man measures according to spiritual values the pattern, design, vision or endeavor, which he is stimulated to serve. Then he proceeds to utilize the vast (mostly unharnessed), energies of his feelings, to develop and externalize that pattern and plan for his own good and that of his fellow-man. It is better for an individual to become proficient as a street-cleaner, than to be surfacely acquainted with the most difficult studies of calculus and accomplishing nothing of merit or benefit to himself or his fellowman.

When an individual has developed his consciousness to a point where he can grasp—even faintly—the vision of a new world, wise is he if he chooses to direct his controlled feelings and the substance of his world into that

vision—with constancy —not spasmodically. Upon these few, we depend for the externalization of the New Day!
SAINT GERMAIN

Constancy of rhythmic, ceremonial service is essential before the concentrated foci of the Sacred Fire are drawn from the invisible, to become the radiating blessings of all mankind. In the early Golden Ages, the Sacred Fire of the will of God, illumination, love, purity, consecration, healing and transmutation, was visible to the physical sight of all mankind. Why? Because individuals had sworn a vow of constancy in magnetizing, expanding, protecting and sustaining those foci in the temples of light.

According to their requirements, the populous was enabled to visit these foci and strengthen the particular virtue or gift which they needed to use in their individual lives. When there were no longer constant spirits to tend these concentrated flames, they gradually disappeared from the temples. To draw them forth again, the virtue of constancy must first be established among the men and women who profess to desire to magnetize and guard such flames. Many of the experiences of life are merely for the purpose of testing the constancy of the nature “under fire.”

For the many who enjoy the service of magnetizing the flame, while there is no pressure opposed to human will, there are few who will manifest (or really can manifest) constancy under pressure of opposition, ridicule, doubt, fear or the many inviting experiences which lure the unguarded from their self-chosen vocation in MAGNETIZING and externalizing some activity of the Sacred Fire for the blessings of mankind.

What, exactly, would the physical, visible manifestation of a focus of the Sacred Fire mean to the Earth? It would mean the transformation of unbelief into sound acceptance of the truth of life. It would provide a radiating center into which the weak, the halt, the sick, the confused, could come and renew themselves, each according to his own requirements. It would free elemental life in the atmosphere, in the bodies of mankind and in the nature kingdom, from imperfect manifestation. It would spur the less constant ones to like accomplishment. This manifestation of a focus of the Sacred Fire is possible of accomplishment in this century! Let us see how constant those that love me prove to be! Journal Book 2, p 390-393

RHYTHMIC APPLICATION

Once you have a firm thought picture and have energized that thoughtform with strong feeling, it is necessary to constantly nourish it over and over, through repeated application. This is called establishing a RHYTHM. A rhythm is doing the same thing at a certain time, day after day. This rhythmic attention to your thoughtform prevents its disintegration.

When is the best time for repeating your visualization? It is when awakening and when retiring, at night.

After a night of sleep, the consciousness is, for the most part, yet free from the limiting tests and vibrations of the day. Nighttime is also a very good time in that a full impression and recording is made on the human consciousness during the many hours of sleep, when these impressions become charged with regenerating forces, that help in manifesting your plan.

The beloved Ascended Master Mary commented that she had to hold the Immaculate Concept of Jesus once every hour of the day, protecting him from the thoughtforms of disintegrating forces. Her previous training, in temples for elementals, had prepared her for this task. Therefore, we must do likewise. Now, however, application at least twice a day is sufficient, since we do not have to meet these vicious forces at their full intensity.

By repetition of your application, you are driving energy into your thoughtform. This action is similar to that of a battering ram, breaking down walls and limitations. *The Law of Precipitation*, p 39

THE NECESSITY OF PERSEVERANCE

Elohim Vista, in an article entitled, GREATEST OBSTACLES TO SUCCESSFUL PRECIPITATION, stated, “Now, what are the obstacles which are encountered, in the unascended state, that delay your endeavors at instantaneous precipitation? They are mostly discouragement and doubt. When that upon which you work and

which comes from the seeming “invisible” does not appear, according to the outer mind’s reckoning of a time limit, sometimes the project is abandoned, just as it is ready to come “through the veil,” into the physical appearance world.

“I have seen men and women, on the verge of great financial mastery, stop working on their project within an hour of receiving their financial freedom! I have seen individuals draw currents for healing, over quite a period of time. Then, because that healing seemed not to completely manifest quickly enough for them, they wholly abandoned their work, just five minutes short of a cosmic manifestation! Often, such a manifestation, had it had been sustained in faith and constancy, would have revealed much truth to the consciousness of the race, as a whole and would have been of great help. The ‘invisible’ realm is almost filled with uncompleted prayers, with beautiful forms, which have never been brought into outer manifestation.”

Elohim Vista continued: “We cannot urge you, too strongly, to follow through with the concentration upon the pattern you desire to manifest, to contemplate that pattern in its completeness and then to practice, practice, practice, until that precipitation is made physically manifest, outpictured as the perfection of the design which you have been holding in your mind.”

El Morya: “There is no such thing, Beloved Ones, as ceasing application, until you have accomplishment. If your ideas and plans have not yet been fully externalized, please do not be self-condemnatory nor discouraged. Remember, in such a case, you would just require more training, to learn how to precipitate these ideas into practical form and use, more quickly.”

We can also call on the Brotherhood of Precipitation, located in the Teton Retreat, to help manifest our design. The patience of its Brotherhood is endless!

Let us look at the law of mathematics. If we make an error in addition or multiplication, we don’t blame the law of mathematics. We go back and try again, until we have it right! In a similar manner, if our manifestation does not occur right way, let us not give up. As one of the seven Elohim said, “Practice, practice, practice!!!”

Withdraw all power from the outer personality as the doer. Trust in God! Know that with Him, all things are possible! *The Law of Precipitation*, p.40-41

TEN PROVEN STEPS IN OBTAINING YOUR PRECIPITATION

1. Examine your motive. What is the purpose of your desire?
2. Become still. Meditate upon your wish. With the scissors of the mind, cut out a clear-cut picture of your thoughtform. Write down the preliminary pattern of this thoughtform in all detail.
3. Sleep over it. Refine, if necessary, the thoughtform. Once you have decided upon your final thoughtform, do not make any changes. Write down the final thoughtform of your desired manifestation, using a pen or a computer.
4. Now visualize your final thoughtform and say with deep feeling: “I AM the Precipitating Presence in action and I AM the full manifestation of this desire. I ask my desire to be fulfilled in the name of the Ascended Master Jesus. Repeat this three times. Mean it with all your heart!

Remember when you say the words “I AM,” you are saying “God in me.” Know that you are connected with God through your I AM Presence and that you are at one with the only constructive power in the universe. Know and feel that the fire of creation flowing through you, is ONE with the Creator of the Universe.

Resist the temptation to change your thoughtform. Hold on to your original design, tenaciously. If there is an obstacle, deny the tempter. Refuse to accept the evidence of the physical senses. Shut out every negative thought that enters into your consciousness. Be more positive than ever. Know that the light of God is ALWAYS victorious. Believe and know that, with God all things are possible, for God cannot fail anymore than the sun can fail to shine. Accept that in your feeling!

If you are attempting to bring about a healing, either for yourself or others, invoke the law of forgiveness, for whatever has caused this condition. As a protection for yourself, visualize the Luminous Presence of Jesus above

yourself. Send love to the object of your visualization. Thank God for the blessings already received. Now, let go and let God!

5. Ask the Brotherhood of Precipitation and beloved Cosmic Being Victory, to protect your thoughtform and to energize it with their fully-gathered momentum of Ascended Master feeling, mastery and confidence. In return for this assistance, be prepared to offer some impersonal service (a constructive deed that improves the well-being of the human race). For example: Choose to serve as a group leader, a sanctuary director, to participate in the Transmission Flame Service as an individual or in a group, or to give decrees for the improvement of world conditions. For more information, see the AMTF Publications "Songs and Decrees" and "21 Essential Lessons."
6. Decide upon a pattern of repetition. Repeat your application in the morning, when awakening and in the evening, just before retiring.
7. Keep your feelings in a state of harmony, until manifestation occurs.
8. Do not discuss your plan and application with anyone.
9. Repeat steps 4 through 8, until manifestation occurs. Be determined to hold on to your plan, even if the heavens fall.
10. Write down your successes in a little book. This builds your momentum of victory. *The Law of Precipitation, p 42-43*

AN INTRODUCTION TO DECREERING

Another avenue to draw energy to and through your thoughtform is by practicing the power of the spoken word, called "decreeing." The Bible says, "Thou shalt decree a thing, and it shall be established unto thee."

Decreeing is unfamiliar to the western consciousness. Yet, chanting, or decreeing, is an integral part of the American Indian culture and of the Far East, where prayer wheels have been used for centuries.

When you have said time and time again, "I am helpless, I am sick, I am distressed," you have built into your subconscious, certain deep grooves of energy. It is a consciousness which has accepted that which you have decreed for yourself for millions of years.

Decrees, therefore, have been presented, by the Great White Brotherhood, to the students, that they might use them as a balance for the misuse of the spoken word and for imperfect thought patterns created through the many centuries of embodiment. In order to shatter these distorted 'cups,' it is necessary to use energy vibrating at the same rate, but constructively qualified. In other words, a 'cup' created by wrong speech must be broken by a vibratory action of CORRECT SPEECH.

What brings to the decree its power? It is the ability of the student to VISUALIZE THE DECREE. THIS FORMS MORE THAN 80% OF THE POWER IN THE DECREE. This means you cannot give the decrees so fast that you cannot visualize them! The INTEREST of the student must be behind the de cree, and his energies must be POSITIVE and CONTROLLED, if he is to have results of a positive nature. So then, to materialize a decree we need FEELING, CONVICTION AND VISUALIZATION!

We may ask why it is necessary to repeat some decrees or parts of decrees three times? Over the centuries, we have built up solidified negative etheric patterns, through negative statements. ONE AFFIRMATION alone from your lips is not going to shatter and transmute these patterns! You must use repetitive decrees with a positive radiation, which act like a battering ram, opening the gate for the perfect patterns of the future!

When you come to a certain point of spiritual development, you become the master of any situation. Then in one word you can say to the flood, "STOP!" You can say to the great earthquakes, "CEASE." You can say to volcanic eruptions "BE STILL" and it will be done!

When a fiat or decree is made in the name of God "I AM"—that decree lives eternally. Why? Because it is ensouled by some God-free intelligence, angel, deva, cherubim, seraphim or elemental, and those beings use that and keep it in living, pulsating form for the benefaction of the race.

The activity of decreeing sets aside groups of Ascended Master Teaching from all other New Age groups. Praying is good, and so is meditation. They help the individual's spiritual growth. Both help to create a beautiful

individual aura that may bless others, BUT THESE ACTIVITIES DO NOT HELP A MASTER! A Master, in order to give assistance to a group or an individual, depends upon a return of energy, that is voluntarily and consciously directed to him. Decreeing, contemplation (meditation coupled with the student's attention resting upon the Master), and songs incorporating the name and special activity of a Master, are the type of energy the Master can use. Of these, decreeing and songs are the most effective.

When a group of individuals with sincere intent and God-desire, to help mankind, gather together and give forth any type of constructive call, visualization or decree, to such a group there are always sent specific Angels and Devas who are so happy, in that release of energy, that they keep it sustained and constantly active, long after the individuals have forgotten that they made the calls.

It is best to continue with the decrees given in a decree book. Here we tie in with hundreds of others doing the same decrees. This builds a tremendous momentum for the success of the decree. Once starting certain decrees, it is most efficacious to repeat the same decrees on a daily basis for the same reason. Repeating the same decrees each day strengthens the resulting thoughtform. On rare occasions, however, we may find it necessary to make up a new decree to meet a world or a personal situation. Let us be not afraid to do this – regardless what others may say! You have the power and authority to USE all of your God-given creative abilities at any time, but ALWAYS BE READY TO ADMIT THEIR SOURCE.

Short, clear, rhythmic decrees are a must, rather than long statements. We must be able to clearly visualize what we say. It is not possible to visualize if the statements are too long, or the decrees are given too rapidly. Some decrees end with a short, snappy ending, such as “Do it today! Do it to stay!” This seals the decree in the feelings of the students, as well as in the conditions which need to be transmuted.

Give good, short-phrased, rhythmic decrees, add your feeling, conviction and visualization, and let the momentum build! *The Law of Precipitation*, p 27-30

(Further details on the subjects of decreeing and group activities may be found in the AMTF Publications “Songs and Decrees” and “21 Essential Lessons,” Set 1).

PETITIONS

TIMETABLE AND AGENDA OF THE HALF-YEARLY MEETINGS

June 15 – July 14 and December 15 – January 14: Meeting of members of the Great White Brotherhood and the Karmic Board.

June 15 and December 15: Last day for students to send in their petitions.

June 15 and December 15: Keeper of the Scrolls places petitions of students on a giant bulletin board.

June 15 and December 15: Typically, the Ascended Masters arrive on this day. They study the petitions of the students and add petitions of their own.

June 16 and December 16: The Masters consult with each other. Sometimes petitions are co-mingled for greater effect.

June 18 and December 18: Earliest day for meeting of the Karmic Board. Usually their first meeting day commences on December 26 (June 26). Petitions are heard. A messenger from the Central Sun or the two being governing the Central Sun (Alpha and Omega) are present, in person.

First Saturday after June 15 and December 15: Transmission of the Flame Service. All members of the Brotherhood, who are present at the Teton Retreat, participate in this service. (If June 15 or December 15 is on a Saturday, the TFS takes place on the 15th).

June 26 through June 30 and December 26 through 31: Chelas of the Ascended Masters meet in groups or individually, to support the petitions.

July 1 and December 31: Students burn their petitions.

By July 4 and January 4: The Karmic Board announces which petitions have been approved.

July 7 and January 7: The meetings end.

References for more information on submitting a petition:

Thomas Printz' Private Bulletin, Book 1, Beloved Maha Chohan, July 15, 1952, p. 19-21; *Ascended Masters and Their Retreats*, p. 402 - 405; *Ascended Masters and Their Retreats*, p. 407 - 409

Examples of Petitions submitted by Ascended Masters: Jan. 1952: *Journal 1*, p.23; *Dictations*, p. 286-87

Examples of Granted Petitions: (*Ascended Masters and Their Retreats*, p. 409)

Examples of Petitions submitted by individuals:

- To physically manifest the Ascended Masters' thought form for Research and Education Centers in the United States and around the world;
- To physically manifest and distribute the original Bridge to Freedom books in all languages, to help people all over the world remember who they are, and why they are here, especially the younger generations;
- To physically manifest the list of yearly open Retreats so the TFS can be done on a monthly basis.